

go **PLAY** [kansas.com](https://www.kansas.com)
DISCOVER, CONNECT AND GO PLAY

go PLAY Kansas Lesson Plan

“Family Fun”

Grade Level: Upper elementary, middle and high school

NASPE Standard 3: A physically educated person participates regularly in physical activity.

NASPE Standard 6: A physically educated person values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

Purpose: To give students a chance to plan an outdoor family activity. To give students exposure to the “go Play Kansas” web site.

Equipment needed: Access to a computer and the internet

Activity Description: Students will be given the following directions for completing the activity.

Go to this web site www.goplaykansas.com and type in your home address. Decide the distance from your home that you want to search for possible places to plan your family outing. Then click on “find and activity” then select the activity or activities you would like to include in your “Family Fun” project.

Using the information you have researched on the “go Play Kansas” web site plan an activity for your entire family that includes the following information:

1. What park are you going to (include name and address)?
2. What activity or activities are you going to do once we get there?
3. What equipment if any, will you need to take for the activities?
4. What day will you plan to go and how long will you stay?
5. How will you get to the park?
6. What benefits will you and your family receive from doing the activity?

After you do the activity, ask each person who went what they liked most about doing the activity.