

go **PLAY** [kansas.com](https://www.kansas.com)
DISCOVER, CONNECT AND GO PLAY

go PLAY Kansas Lesson Plan

“There Isn’t Anything To Do!”

Grade Level: Upper elementary, middle and high school

NASPE Standard 3: A physically educated person participates regularly in physical activity.

NASPE Standard 6: A physically educated person values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

Purpose: To help students realize there are a variety of places they can go in their neighborhood to participate in some of their favorite activities. To give students exposure to the “go Play Kansas” web site.

Equipment needed: Access to a computer and the internet, and any equipment that is needed for the activity

Activity Description:

Students will be given the following directions for completing the activity.

Go to this web site www.goplaykansas.com and do a search of all of the activities that can be found within two miles of your home address. (If you need to increase the distance you can do that but start with 2 miles.)

First type in your address, then select 2 miles, then select “find an activity/any” and submit the information.

Check out how many parks are within two miles of your home and see what amenities/activities are available at each park. Once you have done that, choose two different parks that have an activity you would enjoy. Sometime in the next two weeks, find a time to go to that park and spend at least 30 minutes doing one of your favorite activities. To make it more fun, invite a friend or family member to go with you!

After you have finished the activities, write a one page paper that answers the following questions.

1. What park did you go to?
2. What activity did you do?
3. Did someone go with you and if so, who?
4. Did you have fun? If so, why and if not, why?

What did you learn from doing this assignment?